FEEDING THE NEED IN SOUTHWEST VIRGINIA

IMPACT 2018
Feeding America Southwest Virginia’s Impact Report is full of facts and figures that show the progress we’ve made in our region in fiscal year 2018. Inside, you’ll find an infographic illustrating how a food bank works, descriptions of some of our major programs, and an update on what we’ve accomplished through FASWVA’s Community Solutions Center. It’s a great overview of who we are and what we do.

Notice how much of our impact is made possible by donations. Of the $27 million worth of food distributed in FY 2018, 70% was donated. Our volunteers gave 20,806 hours of service to FASWVA last year – that’s donated time and effort worth over half a million dollars.

Every dollar you have donated, every can of food given, every hour of time volunteered demonstrates a promise to help ease the hurt of hunger.

Your commitment to help people when they need it is what has kept me connected to FASWVA over the years - it begins with Pamela Irvine and continues throughout the organization, from our Board members, to staff, to donors and volunteers like you. When I see that commitment, I am inspired to be a part of it.

We at FASWVA are profoundly thankful for your gifts of time, food, and funds over the past year. In light of declines in donations from the manufacturing sector and other uncertainties, we must ask for your continued support as we move forward. Now - perhaps more than ever - we need you to fight with us to end the hurt of hunger in Southwest Virginia.

James E. Pearman, Jr. – Board Chair
Feeding America Southwest Virginia

James E. Pearman, Jr. – Board Chair
Feeding America Southwest Virginia
FOOD

Distributions equivalent to

16.2 million meals

27 million dollars worth of food

FUNDS

96%

spent delivering programs and services to those facing hunger in Southwest Virginia.

PEOPLE

2,312 individuals volunteered

20,806 hours

valued at $556,561*

*Virginia hourly value: $26.75 - Independentsector
WHERE WE ARE

OUR MISSION is to feed Southwest Virginia’s hungry through a network of partners and engage our region in the fight to end hunger. That region is 12,400 square miles of cities, counties and towns -- approximately the total land area of Massachusetts and Connecticut. We serve this diverse region through a combination of direct services and close connections with our 350+ partner programs.

ABINGDON DISTRIBUTION CENTER
Abingdon, Va.

This 20,364 sq. ft. facility serves counties from Wythe to Lee and is home to the Harvest Home Community Kitchen.

SALEM DISTRIBUTION CENTER
Salem, Va.

This 98,090 sq. ft. facility includes FASWVA’s administrative headquarters and serves counties and cities from Alleghany to Wythe.

PARTNER PROGRAMS
Region-wide

FASWVA’s 350+ partner programs make it possible to feed the need across our large service region. They help stabilize the lives of those like Terry (pictured). She is the single parent of a 15-year-old son and can’t work due to a chronic illness. She visits FASWVA partner Scott County Ministerial Association’s food pantry.

COMMUNITY SOLUTIONS CENTER
Roanoke, Va.

FASWVA opened the CSC in May 2018. The facility includes a production kitchen where Culinary Arts Training students produce fresh meals for children’s programs. Plans for growth and innovation at the center are ongoing.
**HOW WE WORK**

**FOOD COMES IN**
Feeding America Southwest Virginia secures donations from the food manufacturing and grocery industries, government agencies, individuals and other sources.

**FOOD GOES OUT**
Our partner programs select food and grocery products from one of FASWVA’s two warehouses or pick them up from participating retail partners.

**FOOD IS TRACKED**
FASWVA partner programs keep records and ensure that the food is safely handled and stored until it can be distributed or cooked into meals.

**FOOD REACHES THOSE IN NEED**
Food is provided to people in need via our partner programs including food pantries, soup kitchens, children’s programs, senior centers and emergency shelters.

**WHERE DOES THE FOOD COME FROM?**

- **DONATED**
  - The majority of the food distributed by FASWVA is donated by retailers, individuals and other organizations.

- **USDA**
  - The USDA provides our second-largest source of nutritious food items, including the products in our senior grocery boxes.

- **PURCHASED**
  - When FASWVA needs foods that are not available among our donated or USDA products, we purchase them if funding is available.
<table>
<thead>
<tr>
<th>County</th>
<th>Partner Programs</th>
<th>Equivalent Meals Distributed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alleghany</td>
<td>3</td>
<td>272,975</td>
</tr>
<tr>
<td>Bedford</td>
<td>4</td>
<td>735,238</td>
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<tr>
<td>Bland</td>
<td>5</td>
<td>275,918</td>
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<tr>
<td>Botetourt</td>
<td>7</td>
<td>130,003</td>
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<tr>
<td>Bristol</td>
<td>8</td>
<td>90,363</td>
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<td>Buchanan</td>
<td>16</td>
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<tr>
<td>Carroll</td>
<td>4</td>
<td>187,648</td>
</tr>
<tr>
<td>Covington</td>
<td>5</td>
<td>281,693</td>
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<tr>
<td>Craig</td>
<td>3</td>
<td>49,507</td>
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<tr>
<td>Danville</td>
<td>8</td>
<td>1,306,633</td>
</tr>
<tr>
<td>Dickenson</td>
<td>4</td>
<td>378,402</td>
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<tr>
<td>Floyd</td>
<td>3</td>
<td>139,513</td>
</tr>
<tr>
<td>Franklin</td>
<td>9</td>
<td>461,478</td>
</tr>
<tr>
<td>Galax</td>
<td>3</td>
<td>346,064</td>
</tr>
<tr>
<td>Giles</td>
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<td>83,215</td>
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<td>Grayson</td>
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<td>292,744</td>
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<tr>
<td>Henry</td>
<td>12</td>
<td>781,187</td>
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<tr>
<td>Lee</td>
<td>9</td>
<td>380,756</td>
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<tr>
<td>Martinsville</td>
<td>11</td>
<td>175,379</td>
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<tr>
<td>Montgomery</td>
<td>23</td>
<td>428,282</td>
</tr>
<tr>
<td>Norton</td>
<td>1</td>
<td>245,644</td>
</tr>
<tr>
<td>Patrick</td>
<td>2</td>
<td>136,878</td>
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<tr>
<td>Pittsylvania</td>
<td>6</td>
<td>183,321</td>
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<tr>
<td>Pulaski</td>
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</tr>
<tr>
<td>Radford</td>
<td>8</td>
<td>315,330</td>
</tr>
<tr>
<td>Roanoke City</td>
<td>83</td>
<td>2,770,417</td>
</tr>
<tr>
<td>Roanoke Co.</td>
<td>13</td>
<td>139,597</td>
</tr>
</tbody>
</table>

**United We Feed**

**Partner Programs and Distributions**

Chris Young (center) of East New Hope Baptist Church leads a training. Volunteers from Rosalind Hills Baptist Church at a food drive. Volunteers from Elevation Church during their “Love Week.”
Feeding America Southwest Virginia couldn’t feed those at risk of hunger in our 26-county, 9-city service area without the help of our 353 partner programs. Their dedication to fighting hunger in our communities is reflected right there in the numbers. Together, they helped provide the equivalent of **16.2 million** meals in FY 2018.

**118,107** individuals were served meals and/or groceries per month

**33,319** households were served groceries per month

**1,896** children were served per month - Child and Adult Care Food Program*

**458** children were served per day - Summer Food Service Program*

**4,102** children were served per month - Backpack Program*

*based on 1-day high attendance

During a battle with liver cancer a year ago, Charles Frye of Fort Chiswell had surgery and had to quit working. That put a major strain on his finances. He doesn’t drive and lives about eight miles from the nearest grocery store. He has a bicycle, but Wythe County’s narrow, winding country roads make using it a major challenge. A friend gives him a ride to FASWVA’S Fort Chiswell Mobile Food Pantry site.

Charles receives SNAP benefits, but says that making it through the whole month can be tough. That’s where Feeding America Southwest Virginia’s Mobile Food Pantry comes in. “It’s hard to stretch it out, so this really helps me a lot,” he says.

Available at the MFP during his visit were a wide range of foods including cereal, rice, beans, canned vegetables, dried figs and plums, frozen catfish fillets, frozen turkey roasts and fresh apples and oranges.

Of the donors who make programs like the Mobile Food Pantry possible, Charles simply says, “God bless them – I just don’t know what else to say, but God bless them.”
YOUR SUPPORT CHANGES LIVES

By supporting our feeding programs, you ensure that no matter the age, health or location of our clients, they’ll get the food they need to thrive. From the Mobile Food Pantry, which reaches our most rural neighbors, to feeding kids at local libraries, your support changes lives.

EVERY $1 DONATED TO FEEDING AMERICA SOUTHWEST VIRGINIA HELPS PROVIDE 6 MEALS

FASWVA PROGRAM DISTRIBUTION HIGHLIGHTS

<table>
<thead>
<tr>
<th>Program</th>
<th>Monthly Average</th>
<th>Yearly Average</th>
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<tbody>
<tr>
<td>Harvest Home Community Kitchen</td>
<td>583</td>
<td>7,000</td>
</tr>
<tr>
<td>Mobile Food Pantry</td>
<td>2,775</td>
<td>33,300</td>
</tr>
<tr>
<td>Veggie Mobile</td>
<td>1,061</td>
<td>13,300</td>
</tr>
<tr>
<td>Café to Grow</td>
<td>2,313</td>
<td>27,760</td>
</tr>
<tr>
<td>Senior Box Program</td>
<td>44</td>
<td>528</td>
</tr>
</tbody>
</table>


Remote Area Medical Clinic food distribution in Wise, Va.
CHILDREN’S FEEDING PROGRAMS
FASWVA's children's feeding programs include the Child and Adult Care Food Program (CACFP), Summer Food Service Program (SFSP) and Backpack Programs. Each program ensures that children receive healthy, nutritious meals or snacks. CACFP provides meals or snacks to school age children while they also receive tutoring and enrichment programs after school. SFSP serves children at risk of hunger during the summer months, when they don’t have access to free and reduced price school meals. Both CACFP and SFSP also support fresh meal distributions from FASWVA’s Community Solutions Center via the Café to Grow food truck for children, and bulk delivery.

Backpack programs help students eat on weekends and during school vacations. Backpacks are filled with nutritious, child-friendly food and discreetly distributed to children to take home before weekends or school vacations.

CAFÉ TO GROW
Café to Grow is a food truck that provides free meals to children after school and during summer break in the Roanoke Valley. The truck and trailer travel to sites where other meal options aren't easily accessible for local kids. Fresh meals are prepared in a commercial kitchen by volunteers and FASWVA’s Culinary Arts Training students, then loaded onto the truck for distribution. On-site volunteers offer the children a choice of two entrées served with a fruit, vegetable and milk.

MOBILE FOOD PANTRY
The Mobile Food Pantry (MFP) is a direct distribution program targeting areas that are under-served or difficult to reach. The program nourishes the lives, health and well-being of residents in remote locations.

HARVEST HOME COMMUNITY KITCHEN
Located at FASWVA’s Abingdon Distribution Center, the kitchen provides meals-to-go three days per week to residents of the Town of Abingdon and Washington County.

SENIOR BOX PROGRAM
The Commodity Supplemental Food Program provides non-perishable staples for seniors in need over the age of 60. FASWVA receives these commodities in bulk and relies on volunteers to package them into meal boxes for distribution.

VEGGIE MOBILE
The Veggie Mobile makes just-in-time deliveries of fresh fruits and vegetables to FASWVA’s partner programs in the Roanoke and New River Valleys.
NEW BEGINNINGS
COMMUNITY SOLUTIONS CENTER OPENS ITS DOORS

FASWVA celebrated the opening of the Community Solutions Center in May 2018. Since that time, the 4,000 sq. ft. facility has played host to multiple community meetings, seen the beginning of FASWVA’s intensive, 12-week Culinary Arts Training program, and began providing fresh meals for area children. With the help of volunteers, the Culinary Arts Training students carefully prepare an average of 500 fresh meals per day for FASWVA’s children’s programs as they learn new culinary skills and prepare for future employment. This facility and its programs are changing lives -- and we’ve only just begun.

Plans are underway for innovations that will need the help of FASWVA’s dedicated supporters to reach their full potential.

For the latest updates about the CSC, culinary graduates and more, keep an eye out for your FASWVA newsletter!
Financial Summary

**Fiscal Year Ended June 30, 2018**

**Assets**

- **Current assets**
  - Cash and cash equivalents: $486,732
  - Receivables and prepaids: 523,299
  - Inventory: 892,332
  - Total current assets: $1,902,363

- Cash restricted for acquisition of property and equipment: 119,432
- Reserve funds: 116,747
- Contributions receivable: 125,575
- Property and equipment, net: 5,727,515

**Total Assets**: $7,991,632

**Liabilities and Net Assets**

- **Current liabilities**
  - Accounts payable and accrued expenses: 319,076
  - Deferred revenue: 62,159
  - Current portion of long-term debt: 142,833
  - Total current liabilities: 524,068

- Long-term debt: 4,668,338
- Total liabilities: 5,192,406

- **Net assets**
  - Unrestricted: 1,936,930
  - Temporarily restricted: 834,596
  - Permanently restricted: 27,700
- Total net assets: 2,799,226

**Total Liabilities and Net Assets**: $7,991,632

**Revenues**

- Donated food: $27,440,292
- Contributions: 3,113,001
- Grants: 484,724
- USDA reimbursements: 632,823
- Other handling fees and revenues: 610,459
- Sale of purchased food: 1,699,102

**Total Revenues**: $33,980,401

**Expenses**

- Program services: 31,603,461
- Management and general: 735,495
- Fundraising: 678,287

**Total Expenses**: $33,017,243

**Change in Net Assets**: $963,158

Note: Financials include the value of donated food. Donated product on hand at year-end is valued at the national wholesale value of one pound of food, as determined by the most recent study conducted by Feeding America. Food donations and distributions of donated product are recorded at the weighted average wholesale value in effect during the year. The information in this summary was excerpted from our complete audited financial statements, which are available upon request.

**Sources of Food**

- National Donors: 49%
- USDA: 20%
- Local Donors: 10%
- Food Banks: 9%
- Purchased: 9%
- Food Drives: 2%

**Revenues & Support**

- Donated Food: 81%
- Contributions: 9%
- Grants: 5%
- Other handling fees & revenues: 2%
- Sale of purchased food: 2%
- USDA Reimbursements: 1%

**Expenses**

- Program Services: 96%
- Management & General: 2%
- Fundraising: 2%
Salem Distribution Center
1025 Electric Road
Salem, VA
P: 540.342.3011

Abingdon Distribution Center
21452 Gravel Lake Road
P.O. Box 2579
Abingdon, VA 24211
P: 276.628.9266

Community Solutions Center
2328 Melrose Avenue NW
Roanoke, VA 24017
P: 540.521.7156

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